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Rambles into Sacred Realms: Journeys in Pen and Paint by Krish V. Krishnan

Publication Date: April 6, 2015. Shanti Arts Publishing

"Open *Rambles into Sacred Realms* whenever you need to connect with marrying human curiosity and attention with nature's beauty and mystery."

~ Sharon Salzberg, *New York Times* bestselling author of *Lovingkindness* and *Real Happiness*

Krish V. Krishnan considers himself a global citizen, having lived in a dozen countries and visiting over sixty. Throughout his travels he has immersed himself in the cultures of each area, trying to comprehend the secrets and legends of each locale. As he has crisscrossed the globe for business and pleasure, places of divine power always intrigued him. From the mighty red rocks of Petra, Jordan, to the fury of the Hawaiian volcanoes, to the religious fervor of Varanasi, India, he has long been compelled to explore and portray such awe-inspiring divinity through writing and artwork.

His experiences, ranging from the sublime to the ridiculous, the prosaic to the frightening, the mundane to the enlightening, find their way into **Rambles into Sacred Realms: Journeys in Pen and Paint** which will be published by Shanti Arts Publishing in April 2015 (238 pages, 113 illustrations, softcover, ISBN: 978-1-941830-92-5, \$48.00).

Each chapter includes an essay about a particular site and several pieces of his artwork executed in a variety of mediums including watercolor, scratchboard, acrylics, pencil, and pastel. Each piece of artwork is accompanied by a caption highlighting the essence of the moment that inspired the drawing.

Rambles into Sacred Realms offers an invitation to vicariously enjoy the adventure, drama, and humor illuminating the author's travels. It is an opportunity to experience through words and images the stunning power of these special sites. The author hopes this book will inspire readers to seek out their own places of awe and connection, near or far. Perhaps they too will look to capture their experiences using art, prose, photographs, poetry, or other forms of meaningful personal expression.

About the author: Krish V. Krishnan is an award-winning writer whose articles on travel, humor and culture have been published by leading newspapers internationally, including the *Chicago Tribune*, *The Times of India*, and *The Nation* (Thailand). He is also an artist who has held group exhibitions abroad and regularly participates in juried art shows in the U.S. He focuses on landscapes and ancient monuments, capturing their essence using a variety of techniques including scratchboards, watercolors, and acrylic mediums. An alumnus of the Harvard Business School, Krish currently lives in Wilmette, Illinois, with his wife and daughter, while he continues to coax his recently graduated son to embark on a study-abroad experience.

<http://kvkrishnan.com>

<http://kvkrishnan.com/blog>

<https://www.facebook.com/RamblesIntoSacredRealms> @kvkrishnan

QUOTES ABOUT RAMBLES INTO SACRED REALMS

*“An enchanting experience—the text comes alive with color and detail, and as you turn the pages of this book you have the feeling you are not only getting to know each magical place, you are getting to know a fascinating and multi-talented man too. Krish V. Krishnan has done something beautiful —finding treasures through his experience and passing them on in word and image.” ~ Philip Carr-Gomm, author of **Sacred Places: Sites of Spiritual Pilgrimage from Stonehenge to Santiago de Compostela***

*“There have been many hundreds of books written on sacred sites, but most of them, while valuable, are nothing more than anthropological guides. **Rambles into Sacred Realms** does something quite rare—and much needed—by bringing us both the passionate feelings of a bona fide pilgrim and absolutely lovely paintings of the holy places. Truly a magical achievement and a gift to us all.” ~ Martin Gray, National Geographic photographer and creator of **SacredSites.com***

*“A beautiful, poignant, and soul-nourishing collection of quiet essays and skillfully rendered sketches, **Rambles into Sacred Realms** is a kind of sacred holiday for the inquiring spirit.” ~ Phyllis Tickle, compiler, **The Divine Hours***

*“It isn’t enough to read about sacred sites, you have to see them. And it isn’t enough to see sacred sites, you have to understand them. And it isn’t enough to understand sacred sites, you have to feel them. **Rambles into Sacred Realms** does all four. The artist/author Krish V. Krishnan takes you with him on a pilgrimage at once unique and universal. This is a book in which to steep your soul.” ~ Rabbi Rami Shapiro, author of **The Angelic Way: Angels through the Ages and Their Meaning for Us***

*“**Rambles into Sacred Realms** brings together Krish V. Krishnan’s eloquent prose with his exquisite paintings in a unique and unparalleled way. Through this stunning book, Krish invites us to take a spiritual journey to the world’s most iconic and inspiring sacred sites. Through this creative pilgrimage of pen, paint, and paper, we not only learn about what it means to be divine, but also what it means to be human.” ~ Varun Soni, Ph.D., Dean of Religious Life, University of Southern California*

*“In **Rambles into Sacred Realms: Journeys in Pen & Paint**, poses the question, “Why does divinity matter?” For 30 years, author Krish V. Krishnan’s awe is captured in the passion of his words, and beautiful drawings and paintings. He has a great talent for rendering texture, detail, mood, and light and shadow. Even the inanimate takes on a certain life under his pen and brush. “Divinity,” is important he concludes, because it “uplifts us, binds us together, and can waken us to the indescribable beauty of the planet.” This book is a testament to that truth.” ~ Charla Puryear, Artist and professor of drawing and painting at Columbia College, Hollywood*

*“What I love most about this elegant, unique book is the gentle beauty of its drawings, paintings, and writings. How special to be introduced to some of the most powerful sacred places on earth through the artistry, insights, and memorable experiences of Krish V. Krishnan. His adventuresome spirit, historical knowledge, and keen perceptions make him the perfect tour companion, as he leads the reader, through his images and words, to a sense of the divine.” ~ Rivvy Neshama, author of **Recipes for a Sacred Life: True Stories and a Few Miracles***

*“Krish V. Krishnan infuses **Rambles into Sacred Realms** with his passion for exploration and an invitation for personal contemplation of these sacred sites. Through his artwork and words Krish offers a sense of space and wonder that are second only to actually traveling to these locales.” ~ Leslie Butterfield, teacher, coach and blogger at **Mindfulness Online***

*“What an odyssey! Krish V. Krishnan is an authentic global citizen, making every place his home — the more remote and steeped in culture and history the better. Nimble story-telling, illustrated with elegant drawings and paintings, this book welcomes us into the heart of the world.” ~ Mirabai Starr, author of **God of Love: A Guide to the Heart of Judaism, Christianity & Islam***