

A Few Favorite Things

Plain Greek yogurt in the morning with granola cereal and flaxseed. And a handful of blueberries with a drizzle of local honey on top.

Stuffed grape leaves with rice and bits of tender lamb. Spritz lemon sauce on top, and heat up warm and delicious.

As an alternative, stuffed peppers with rice and steak seasoned with garlic, onions, and salted to taste. Served with a side of fresh salad.

Kabobs with warm tomatoes, peppers and lemon thyme flavored chicken. on a bed of white basmati rice or a side of tangy minty tabbouleh.

Layers of filo with pistachios and honey with walnuts. So delicate a fork will slide through all the sweet baklava.

Cherries, grapes, and Asiago cheese. Homemade Greek bread with mastic and mahlab spices. If you're lucky you can find kefalotyri cheese.

And after the feast, spears of cold cucumber with a side of celery and of course olives. Giant ones both green and black.

—Catherine Coundjeris



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